



## Referral Received

- Referrals can be made by any medical or health practitioner. Patients can also self-refer.
- We accept referrals under a mental health care plan, chronic disease management plan, or an eating disorder management plan. We also accept referrals through the Sunshine Coast Eating Disorder Access Trial (SCE-DAT), self-managed NDIS patients and athletes covered by QAS and AIS. We also accept private paying and health insurance.
- Referrals can be sent via fax, email, phonecall, or Medical Objects.
- We will provide written confirmation of receipt of your referral once it has been received.
- All patients will require a GP who agrees to provide ongoing medical monitoring as needing. If the patient doesn't have a suitable GP, we can assist in finding them one.



## Triage

- Once the referral is received, the patient will be contacted and provided with information about our services.
- An assessment pack will then need to be sent to the patient to be completed.
- Once the completed back has been received back, our triage team will score the assessment pack and triage the referral.
- The patient will then be contacted and advised of the outcome.



## Wait List

- If appropriate for our service, the patient will go on the waiting list for the next available appointment with a senior assessing clinician.
- We aim to get patients in for an initial assessment with 4 weeks of receiving the completed assessment pack.



## Assessment

- The patient (and their carers, if appropriate) will attend an initial assessment.
- Along with being provided with a diagnosis and treatment recommendations, the patient will be provided with psychoeducation specific to their presenting concern.
- We will provide written confirmation of this outcome to you as the referring practitioner.



## Wait List

The patient will then go back onto the waiting list until the next available clinician is available. During this time, the patient will require ongoing medical monitoring by a GP



## Treatment

Once the patient has been booked in treatment, you will be advised and kept regularly updated throughout their treatment