

Accessing Treatment Under an EDMP

Step 1. Patient presents to GP or ED practitioner for initial assessment to determine eligibility*.

Step 2. If eligibility criteria met, a GP (*items 90250 – 90257*), Psychiatrist (*item 90260-90262*), or Paediatrician (*items 90261-90263*) prepares the EDMP and refers the patient on for psychological and/or dietetic services*.

Step 3. Under the EDMP, the patient commences an initial course of treatment of up to 10 eating disorder psychological treatment (EDPT) services (*items 92352 – 82367*).

Step 4. After 10 EDPT psychological sessions have been completed, the provider sends an update letter and refers the patient to the GP for the 'first review' (*items 90264 – 90269*).

Step 5. If eligible, patient completes EDPT sessions 11-20.

Step 6. After 20 EDPT sessions, the provider sends an update letter and refers the patient to the GP for the 'second review'.

Patient attends GP Second Review (*items 90264-90265*).

AND

Review of EDPT by Psychiatrist (*items 90266 or 90268*) or Paediatrician (*items 90267 or 90269*).

Step 7. If eligible, patient attends EDPT sessions 21-30.

Step 8. After 30 EDPT sessions, the GP conducts the third review (*items 90264-90265*).

Step 9. If eligible, patient attends EDPT sessions 31-40.

Step 10. After 40 EDPT sessions, the course of treatment has been completed and the provider sends an update letter to the GP.

Step 3. Under the EDMP, the patient commences a course of 20 eating disorder dietetic treatment (EDDT) services (*items 82350 and 82351*).

Step 4. No review required.

Step 5. Patient continues with sessions 1-20 of EDDT with a dietitian.

Step 6. After 20 EDDT sessions, the course of treatment has been completed and the provider sends an update letter to the GP.